## JUDO 4 KIDS TERM 2 - 2017

Ph: 9385 4725 www.unswjudo.net.au

#### **MONDAY**

1/5/17 - 26/6/17 (8 weeks) NO Classes June long weekend 10-12 June

9.45 - 10.30 AM

MINI KIDS @ East Sub's PCYC 3 – 4 vrs age group Instructor:Warren/Marco Cost: \$160

10.45 - 11.30 AM

MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor:Warren/Marco Cost: \$160

4.30 - 5.30 PM

7-10yrs beginners @ UNSW 7 – 10vrs beginners group Instructor: Warren Cost: \$160

5.30 - 7.00 PM

Elite Comp @ UNSW (M, W, F & Sat Comp's) 10 – 14yrs age group Instructors: Warren Cost: Direct Debit \$55 a fortnight (Multiple classes)

#### **TUESDAY**

2/5/17 - 27/6/17 (9 weeks)

9.45 - 10.30 AMMINI KIDS @ East Sub's PCYC

3 – 4 yrs age group Instructor: Warren/Marco Cost: \$180

10.45 - 11.30AM

MINI KIDS @ East Sub's PCYC 3 – 4yrs age group Instructor: Warren/Marco Cost: \$180

4.00 - 5.00 PM

5-6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructors: Warren/Tatiana

Cost: \$180

5.00 - 6.00 PM

Beginners @ East Sub's PCYC 7 -10yrs age group Instructors: Warren/Tatiana

Cost: \$180

6.00 - 7.30 PM

Graded -10 @ East Sub's PCYC 9-10vrs age group Instructors: Warren/Tatiana Cost: \$230

#### WEDNESDAY

26/4/17 - 28/6/17 (10 weeks)

9.45 - 10.30 AM MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group

Instructor: Warren/Marco Cost: \$200

10.45 - 11.30AM

MINI KIDS @ East Sub's PCYC 3 – 4vrs age group

Instructor: Warren/Marco Cost: \$200

4.00 - 5.00 PM

5-6vrs @ East Sub's PCYC Instructor: Warren/Ivica Cost: \$200

5.00 - 6.00 PM

Graded -10 @ East Sub's PCYC Instructor: Warren/Ivica Cost: \$200

6.00 - 7.00 PM

Beginners 7-10@ UNSW Gym Instructor: Tatiana Cost: \$200

6.00 - 7.30 PM

Elite Comp @ East Sub's PCYC 10 - 14vrs age group Instructor: Warren, Tatiana, Marieta Cost: Direct Debit \$55 a fortnight (Multiple classes)

6.00 - 7.30 PM

Graded 9-11vrs@ East Sub's PCYC Instructor: Warren, Tatiana Cost: \$245

(1 class a week)

	Date of Birth:			
Address:	Postcode:		School:	
Emergency Contact Details:	H:			M:
Required information email:	Parent's Occupation:			
The UNSW Judo Club do not accept any liability for personal injury, property damage or loss sustained by any participant as a result of his or her participation in the program due to any cause whatsoever unless caused by the proven negligence of the UNSW Sport and Recreation, its directors and employees.  I authorise staff to provide First Aid if required  Yes  No AMEX OR DINERS  Expiry Expiry				
Cardholders Name:		Authorising Signature:		
Date:	Amount to be deducted \$			

#### **THURSDAY**

27/4/17 - 29/6/17 (10 weeks)

9.45 - 10.30 AM

MINI KIDS@ East Sub's PCYC 3 – 4 vrs age group

Instructor:Warren/Marco Cost:\$200

10.45 - 11.30AM Parents & Kids Combined Session

(not compulsory)

MINI KIDS @ East Sub's PCYC 3 – 4yrs age group Instructor:Warren/Marco Cost:\$200

4.00 - 5.00 PM

5-6vrs @ East Sub's PCYC 5 – 6 yrs age group Instructors: Tatiana/Marieta Cost: \$200

Payments made online at www.unswjudo.net.au/judo for kids.php

email: w.rosser@unsw.edu.au or by cheque to: UNSW Judo Club

(Enter Gate 2 in High St then first right turn will take you to UniGym.)

Fax:

Mail to: UNSW judo Club - H8 Sam Cracknell Pavilion

UNSW - 1st Floor, University Gymnasium

Corner of High Street & Anzac Parade, Kensington

East Suburb's PCYC - 26A Bunnerong Rd Daceyville

**University of New South Wales NSW 2052** 

5.00 - 6.00 PM

Beginners @ East Sub's PCYC 7 -10vrs age group Instructors: Tatiana/Marieta Cost: \$200

6.00 - 7.30 PM

Graded 9-11yrs @ East Sub's PCYC Instructor: Tatiana/Marieta Cost: \$245

> Multiple Graded classes \$55 a fortnight Direct Debit

Early bird discount \$10 (before end of Term 1. 2017) must be completed ONLINE

9385 4725

**LOCATIONS** 

**FRIDAY** 

28/4/17 - 30/6/17 (10 weeks)

10.00 - 10.45 AM

MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group

Instructor: Marco Cost: \$200

10.50 – 11.30 AM *NEW!!* Todz Judo @ East Sub's PCYC

2 – 3 vrs age group Instructor: Marco Cost: \$200

3.45 - 4.30 PM

MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group

Instructor: Warren/Matt Cost: \$200

4.30 - 5.30 PM Beginners @ East Sub's

PCYC 5 - 6 yrs age group

Ins:Warren/Matt/Giorgia Cost: \$200

5.00 – 6.00 PM *NEW!!* Graded 7– 10yrs @ UNSW Gym

Cost: \$200 Instructor: Ivica

6.00 - 7.00 PM NEW!!

Beginners@ UNSW Gym 9 – 14 vrs age group

Instructor: Ivica Cost: \$200

5.30 - 7.00 PM

9385 6180

Graded 9-11 @ East Sub's PCYC Ins:Warren/Matt/Giorgia Cost: \$245

#### **SATURDAY**

29/4/17 - 1/7/17 (9 weeks) (NO Classes June long weekend 10-12 June)

9.00 - 10.00 AM

5 - 6vrs @ East Sub's PCYC 5 – 6 yrs age group

Instructor: Tatiana/Marieta

Cost: \$180

10.00 - 11.00AM

Graded -10 & Beginners @ East Sub's PCYC

Instructor: Tatiana/Marieta

Cost: \$180

11.15 - 12.00 AM

Mini Kids @ East Sub's PCYC 3 - 4yrs age group

Instructors: Warren/Tatiana/Marieta Cost:\$180

12.00 - 1.00 PM

5-6yrs @ East Sub's PCYC 5 – 6 yrs age group

Instructor: Warren/Ivica

Cost: \$180

1.00 - 2.00 PM

Beginners @ East Sub's PCYC 7 -10yrs age group

Instructor: Warren/Ivica

Cost: \$180

2.00 - 3.30 PM

Elite Comp @ East Sub's PCYC

(M, W, F & Sat Comp's) 10 – 14yrs age group

Instructors: Warren

Cost: Direct Debit \$55 a fortnight

(Multiple classes)

### **Kids Judo**

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enroled each term.

#### Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.

#### 5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.

#### 7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.

#### 9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.

#### 11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

For further information contact Warren Rosser on 9385 4725.

For information on other Judo clubs in NSW call **Judo NSW on 8116 9705** or go to **www.judonsw.com.au.** 

#### About the club

The University of New South Wales Judo Club was started in 1956. Since then the club has grown to be the largest judo club in Australia with over 200 registered members.

The club caters for many levels of judo players. Our members range from players that come to training once a week to learn and keep fit, to reps on the national team who train virtually every day. We also have self defence classes based on judo techniques, and childrens classes from 3 - 14 years of age, where the emphasis is on fun, maximum movement and falling safely.



The club has a history of successful competitors and we have had many club members represent Australia at World championships and Olympic Games.

Mark Carew - 1980 Andrew Richardson - 1984 Warren Rosser - 1988 Natalie Galea - 1996 Semir Pepic - 2004 Sonya Chervonsky - 2004 Semir Pepic - 2008 Janelle Shepherd - 2008 Miranda Giambelli Rio - 2016

As the club is close to the city, we also regularly attract many international visitors.

# JUDO 4 1/10/5



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Term 2 2017

