

# JUDO 4 KIDS TERM 1 - 2018

Ph: 9385 4725  
www.unswjudo.net.au

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29/01/18 - 9/04/18 (10 weeks) No classes 2nd April	30/01/18 - 10/04/18 (11 weeks)	31/01/18 - 11/04/18 (11 weeks)	1/02/18 - 12/04/18 (11 weeks)	2/02/18 - 13/04/18 (10 weeks) No classes 30th March	3/02/18 - 14/04/18 (10 weeks) No classes 30th March
<p><b>9.45 – 10.30 AM</b> <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor:Warren/Marco Cost:\$200</p> <p><b>10.45 – 11.30 AM</b> <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor:Warren/Marco Cost: \$200</p> <p><b>10.00 – 10.45 AM</b> <input type="checkbox"/></p> <p>MINI KIDS @ SS PCYC 3 – 4 yrs age group Instructor:Tati Ivanova Cost:\$200</p> <p><b>4.00 – 5.00 PM</b> <input type="checkbox"/></p> <p>5-6yrs Starters @ SS PCYC Instructor: Tati Ivanova Cost: \$210</p> <p><b>5.00 – 6.00 PM</b> <input type="checkbox"/></p> <p>7-10yrs beginners @ SS PCYC Instructor: Warren/Tati Cost: \$210</p> <p><b>6.00 – 7.00 PM</b> <input type="checkbox"/></p> <p>Graded -10 @ SS PCYC 9-10yrs age group Instructors: Warren/Tati Cost: \$210</p> <p><b>4.30 – 5.30 PM</b> <input type="checkbox"/></p> <p>7-10yrs beginners @ UNSW 7 – 10yrs beginners group Instructor: Marieta Cost: \$210</p> <p><b>5.30 – 7.00 PM</b> <input type="checkbox"/></p> <p>Elite Comp Squad @ UNSW (M, W, F &amp; Sat Comp's) 10 – 14yrs age group Instructors: Warren Cost:Direct Debit \$100 a month(Multiple classes)</p>	<p><b>10.00 – 10.45AM</b> <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4yrs age group Instructor: Warren/Marco Cost: \$200</p> <p><b>4.00 – 5.00 PM</b> <input type="checkbox"/></p> <p>5-6yrs Starters @ SS PCYC Instructor: Warren/Tati Cost: \$210</p> <p><b>5.00 – 6.00 PM</b> <input type="checkbox"/></p> <p>Graded 7-10 @ SS PCYC 7-10yrs age group Instructors: Warren/Tati Cost: \$210</p> <p><b>4.00 – 5.00 PM</b> <input type="checkbox"/></p> <p>5-6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructors: Warren/Tatiana Cost: \$210</p> <p><b>5.00 – 6.00 PM</b> <input type="checkbox"/></p> <p>Beginners @ East Sub's PCYC 7 -10yrs age group Instructors: Warren/Tatiana/Marieta Cost: \$210</p> <p><b>6.00 – 7.30 PM</b> <input type="checkbox"/></p> <p>Graded -10 @ East Sub's PCYC 9-10yrs age group Instructors: Warren/Marieta Cost: \$255</p>	<p><b>10.00 – 10.45AM</b> <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4yrs age group Instructor: Warren/Ivica Cost: \$200</p> <p><b>4.00 – 5.00 PM</b> <input type="checkbox"/></p> <p>5-6yrs @ East Sub's PCYC Instructor: Warren/Ivica Cost: \$210</p> <p><b>5.00 – 6.00 PM</b> <input type="checkbox"/></p> <p>Graded -10 @ East Sub's PCYC Instructor: Warren/Ivica Cost: \$210</p> <p><b>6.00 – 7.30 PM</b> <input type="checkbox"/></p> <p>Elite Comp @ East Sub's PCYC 10 – 14yrs age group Instructor: Warren/Ivica/Matt Cost: Direct Debit \$100 a month (Multiple classes)</p> <p><b>6.00 – 7.30 PM</b> <input type="checkbox"/></p> <p>Graded 10yrs@ East Sub's PCYC Instructor: Warren,Ivica Cost:\$255 (1 class a week)</p> <p><b>5.00 – 6.00 PM</b> <input type="checkbox"/></p> <p>Starters 5-6yrs @ UNSW Instructor: Tatiana Cost: \$210</p> <p><b>6.00 – 7.00 PM</b> <input type="checkbox"/></p> <p>Beginners 7-10yrs @ UNSW Instructor: Tatiana Cost: \$210</p>	<p><b>10,00 – 10.45 AM</b> <input type="checkbox"/></p> <p>MINI KIDS@ East Sub's PCYC 3 – 4 yrs age group Instructor:Warren/Marco Cost:\$200</p> <p><b>4.00 – 5.00 PM</b> <input type="checkbox"/></p> <p>5-6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructors:Tatiana/Marieta Cost:\$210</p> <p><b>5.00 – 6.00 PM</b> <input type="checkbox"/></p> <p>Beginners @ East Sub's PCYC 7 -10yrs age group Instructors:Tatiana/Marieta Cost: \$210</p> <p><b>6.00 – 7.30 PM</b> <input type="checkbox"/></p> <p>Graded -10yrs @ East Sub's PCYC Instructor: Tatiana/Marieta Cost: \$255</p> <p><b>10.00 – 10.45 AM</b> <input type="checkbox"/></p> <p>MINI KIDS @ SS PCYC 3 – 4 yrs age group Instructor:Tati Ivanova Cost:\$200</p> <p><b>4.00 – 5.00 PM</b> <input type="checkbox"/></p> <p>Starters 5-6yrs @ SS PCYC Instructor: Tati Ivanova Cost: \$210</p> <p><b>5.00 – 6.00 PM</b> <input type="checkbox"/></p> <p>Graded 7-10yrs @ SS PCYC Instructor: Tati Ivanova Cost: \$210</p>	<p><b>10.00 – 10.45 AM</b> <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor: Marco Cost: \$200</p> <p><b>10.50 – 11.30 AM NEW!!</b> <input type="checkbox"/></p> <p>Todz Judo @ East Sub's PCYC 2 – 3 yrs age group Instructor: Marco Cost: \$200</p> <p><b>3.45 – 4.30 PM</b> <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor: Warren Cost: \$200</p> <p><b>4.30 – 5.30 PM</b> <input type="checkbox"/></p> <p>5 - 6 yrs @ East Sub's PCYC 5 - 6 yrs age group Instructor: Warren Cost: \$210</p> <p><b>5.30 – 7.00 PM</b> <input type="checkbox"/></p> <p>Graded 9-11 @ East Sub's PCYC Ins:Warren, Phil, Giorgia, Matt Cost: \$255 (1 class a week)</p> <p><b>4.30 – 5.30 PM</b> <input type="checkbox"/></p> <p>Starters 5-6yrs @ SS PCYC Instructor: Tati /Marieta Cost: \$210</p> <p><b>5.30 – 6.30 PM</b> <input type="checkbox"/></p> <p>Beginners 7-10yrs@ SS PCYC 7 – 10 yrs age group Instructor: Tati /Marieta Cost: \$210</p> <p><b>5.00 – 6.00 PM</b> <input type="checkbox"/></p> <p>Graded -10 @ UNSW 9-10yrs age group Instructors: Ivica Cost: \$210</p> <p><b>6.00 – 7.00 PM NEW!!</b> <input type="checkbox"/></p> <p>Beginners 10-14yrs @ UNSW Instructor: Ivica Cost: \$210</p>	<p><b>9.00 – 10.00 AM</b> <input type="checkbox"/></p> <p>5 - 6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructor: Tatiana Cost: \$210</p> <p><b>10.00 – 11.00AM</b> <input type="checkbox"/></p> <p>Graded -10 @ East Sub's PCYC Instructor: Tatiana/Marieta Cost: \$210</p> <p><b>11.15 – 12.00 AM</b> <input type="checkbox"/></p> <p>Mini Kids @ East Sub's PCYC 3 - 4yrs age group Instructors: Warren/Ivica Cost:\$200</p> <p><b>12.15 – 1.00 PM</b> <input type="checkbox"/></p> <p>Mini Kids @ UNSW 3 - 4yrs age group Instructors: Tati Cost:\$200</p> <p><b>12.00 – 1.00 PM</b> <input type="checkbox"/></p> <p>Starters 5-6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructor: Warren/Ivica Cost: \$210</p> <p><b>1.00 – 2.00 PM</b> <input type="checkbox"/></p> <p>Beginners @ East Sub's PCYC 7 -10yrs age group Instructor: Warren/Ivica Cost: \$210</p> <p><b>2.00 – 3.30 PM</b> <input type="checkbox"/></p> <p>Elite Comp @ East Sub's PCYC (M, W, F &amp; Sat Comp's) 10 – 14yrs age group Instructors: Warren/Ivica Cost: \$255 or (M, W, F &amp; Sat Comp's) Direct Debit \$100 a month (Multiple classes)</p>
<div style="border: 1px solid black; padding: 5px;"> <p><b>LOCATIONS</b></p> <p><b>UNSW</b> - UNSW - 1st Floor, University Gym 6 High St Kensington.</p> <p><b>East Suburb's PCYC</b> - 26A Bunnerong Rd Daceyville</p> <p><b>SS (South Sydney) PCYC</b> - 638 Elizabeth Street, Redfern</p> </div>					

## Kids Judo

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enrolled each term.

### Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.

### 5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.

### 7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.

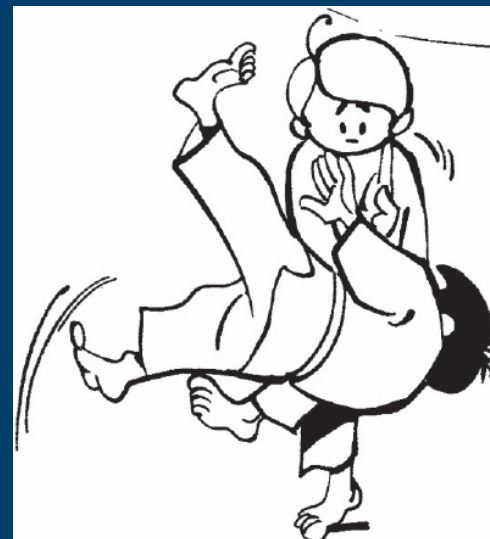
### 9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.

### 11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

# JUDO 4 KIDS



## About the club

The University of New South Wales Judo Club was started in 1956. Since then the club has grown to be the largest judo club in Australia with over 200 registered members.

The club caters for many levels of judo players. Our members range from players that come to training once a week to learn and keep fit, to reps on the national team who train virtually every day. We also have self defence classes based on judo techniques, and childrens classes from 3 - 14 years of age, where the emphasis is on fun, maximum movement and falling safely.

The club has a history of successful competitors and we have had many club members represent Australia at World championships and Olympic Games.

Mark Carew - 1980  
Andrew Richardson - 1984  
Warren Rosser - 1988  
Natalie Galea - 1996  
Semir Pepic - 2004  
Sonya Chervonsky - 2004  
Semir Pepic - 2008  
Janelle Shepherd - 2008  
Miranda Giambelli Rio - 2016



Ph: 9385 4725  
[www.unswjudo.net.au](http://www.unswjudo.net.au)

For further information contact  
**Warren Rosser on 9385 4725.**

For information on other Judo clubs in NSW  
call **Judo NSW on 9385 4725** or go to  
[www.judonsw.com.au](http://www.judonsw.com.au).

## Term 1 2018

Multiple Graded classes \$55  
a fortnight Direct Debit

Early bird discount \$10 (before  
end of Term 4, 2017 must be  
completed ONLINE

Payments made online at [www.unswjudo.net.au](http://www.unswjudo.net.au)

Ph: 9385 4725

email: [w.rosser@unsw.edu.au](mailto:w.rosser@unsw.edu.au) or

by cheque to: **UNSW Judo Club**

Mail to: **UNSW judo Club - H8 Sam Cracknell Pavilion**  
University of New South Wales NSW 2052

Childs Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ School: \_\_\_\_\_

Emergency Contact Details: H: \_\_\_\_\_ W: \_\_\_\_\_ M: \_\_\_\_\_

Required information email: \_\_\_\_\_ Parent's Occupation: \_\_\_\_\_

*The UNSW Judo Club do not accept any liability for personal injury, property damage or loss sustained by any participant as a result of his or her participation in the program due to any cause whatsoever unless caused by the proven negligence of the UNSW Sport and Recreation, its directors and employees.*

I authorise staff to provide First Aid if required  Yes  No Signed Parent/Guardian: \_\_\_\_\_

**NO AMEX OR DINERS** Parent/Guardian Name: \_\_\_\_\_

□□□□ □□□□ □□□□ □□□□ Expiry □□□□

Cardholders Name: \_\_\_\_\_ Authorising Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Amount to be deducted \$ \_\_\_\_\_