

# TERM 3 - 2020

Early bird discount \$15 off (before 5.7.2020) must be completed ONLINE

www.unswjudo.net.au

Ph: 9385 4725

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20/7/20 - 21/9/20 (10 weeks)	21/7/20 - 22/9/20 (10 weeks)	22/7/20 - 23/9/20 (10 weeks)	23/7/20 - 24/9/20 (10 weeks)	24/7/20 - 25/9/20 (10 weeks)	24/7/20 - 25/9/20 (10 weeks)

10.00 – 10.45 AM  
MINI KIDS  
@ East Sub's PCYC  
3 – 4 yrs age group  
Instructor: Warren  
Cost: \$210



10.00 – 10.45AM  
MINI KIDS  
3 – 4 yrs age group  
@ East Sub's PCYC  
Instructor: Warren  
Cost: \$210



4.00 – 5.00 PM  
Starters 5–6 yrs  
@ East Sub's PCYC  
Instructor: Warren  
Cost: \$225



10.00–10.45 AM  
MINI KIDS 3 – 4 yrs  
@ East Sub's PCYC  
Instructor: Warren  
Cost: \$210



10.00 – 10.45AM  
MINI KIDS 3 – 4 yrs  
@ East Sub's PCYC  
Instructor: Warren  
Cost: \$210



9.00 – 10.00 AM  
5 - 6yrs @East Sub's PCYC  
Instructor: Warren  
Cost: \$225



30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break



4.00 – 5.00 PM  
Beginners 7-10 yrs  
@ Sth Sydney PCYC  
Instructor: Warren  
Cost: \$225



4.00 – 5.00 PM  
Starters 5-6 yrs  
@ Sth Sydney PCYC  
Instructor: Warren  
Cost: \$225



5.30 – 6.30 PM  
Graded 7-10yrs  
@East Sub's PCYC  
Instructor: Warren  
Cost: \$225



4.00 – 5.00 PM  
Starters 5-6yrs  
@East Sub's PCYC  
Instructors: Tati Ivanova,  
Matt Carpenter  
Cost: \$225



4.00 – 5.00 PM  
MINI KIDS 5 – 6 yrs  
@ East Sub's PCYC  
Instructor: Warren  
Cost: \$225



10.30 – 11.15 AM  
Mini Kids 3 - 4yrs  
@ East Sub's PCYC  
Instructor: Warren  
Cost: \$210

30 Minute  
Mat Cleaning break



30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

12.00 – 1.00 PM  
Graded 7-10yrs  
@ East Sub's PCYC  
Instructor: Warren  
Cost: \$225



5.30 – 6.30 PM  
Graded 7-10 yrs  
@ Sth Sydney PCYC  
Instructor: Warren  
Cost: \$225



5.30 – 6.30 PM  
Beginners 7 - 10 yrs  
@ Sth Sydney PCYC  
Instructor: Warren  
Cost: \$225



7.00 – 8.00 PM  
(M, W, F & Sat Comp's)  
Graded 10 – 14yrs age  
Instructor: Warren  
Direct Debit \$30 a week  
(Multiple Graded Classes)  
Cost: \$225



5.30 – 6.30 PM  
Beginners 7 -10 yrs  
@ East Sub's PCYC  
Instructors: Tati Ivanova,  
Matt Carpenter  
Cost: \$225



5.30 – 6.30 PM  
Graded 7 - 10 yrs  
@ East Sub's PCYC  
Instructor: Warren  
Cost: \$225



30 Minute  
Mat Cleaning break



30 Minute  
Mat Cleaning break

30 Minute  
Mat Cleaning break

4.30 – 5.30 PM  
Beginners 7-10yrs @ East  
Sub's PCYC  
Instructors: Marieta & Matt  
Cost: \$225



4.00 – 5.00 PM  
Beginners 7-10 yrs  
@ East Sub'sPCYC  
Instructors: Marieta & Matt  
Cost: \$225

30 Minute  
Mat Cleaning break

5.30 – 6.30 PM  
Graded 10yrs+  
@ East Sub's PCYC  
Instructors: Marieta & Matt  
Cost: \$225



4.00 – 5.00 PM  
Starters 5-6 yrs  
@Sth Sydney PCYC  
Instructor: Warren  
Cost: \$225



5.30 - 6.30 PM  
Graded 7-9 yrs  
@ Sth Sydney PCYC  
Instructor: Warren  
Cost: \$225



## LOCATIONS:

East Suburb's PCYC  
- 26A Bunnerong Rd, Daceyville  
SS(South Sydney) PCYC  
- 638 Elizabeth Street, Redfern

## KIDS JUDO

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enrolled each term.

### Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.

### 5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.

### 7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.

### 9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.

### 11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

# JUDO4KIDS



★ **Early bird discount \$15**  
Register and use the **Promo Code- 2020T3-**  
before **5 July 2020**  
(must be completed **ONLINE**)

★ **Multiple Graded classes \$30 a week**  
**Direct Debit**

## PAYMENTS CAN BE MADE:

Online at: [www.unswjudo.net.au](http://www.unswjudo.net.au)  
Ph: 9385 4725  
Email: [w.rosser@unsw.edu.au](mailto:w.rosser@unsw.edu.au)  
By cheque to: **UNSW Judo Club**  
Mail to: **UNSW judo Club - H8 Sam Cracknell Pavilion**  
**University of New South Wales**  
**NSW 2052**

## TERM 3 - 2020

### ABOUT THE CLUB

- **Largest Club in Australia**
- **350+ Members**
- **45 children's classes a week**
- **7 adult classes a week**
- **7 professional coaches**
- **8 Olympic representatives**

### 3 LOCATIONS

- 1. UNSW - Kensington**
- 2. East Sub's PCYC - Daceyville**
- 3. Sth Sydney PCYC - Redfern**

For further information contact  
Warren Rosser on

**Ph: 9385 - 4725**  
[www.unswjudo.net.au](http://www.unswjudo.net.au)

Childs Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ School: \_\_\_\_\_

Emergency Contact Details: H: \_\_\_\_\_ W: \_\_\_\_\_ M: \_\_\_\_\_

Required information email: \_\_\_\_\_ Parent's Occupation: \_\_\_\_\_

The UNSW Judo Club do not accept any liability for personal injury, property damage or loss sustained by any participant as a result of his or her participation in the program due to any cause whatsoever unless caused by the proven negligence of the UNSW Sport and Recreation, its directors and employees.

I authorise staff to provide First Aid if required Yes  No  Signed Parent/Guardian: \_\_\_\_\_

NO AMEX OR DINERS Parent/Guardian Name: \_\_\_\_\_

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Cardholders Name: \_\_\_\_\_ Authorising Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Amount to be deducted \$ \_\_\_\_\_



**UNSW**  
THE UNIVERSITY OF NEW SOUTH WALES