

# What happens after you have completed a Beginners Course?

## Come and join the UNSW Judo Club

You need to join the UNSW Judo Club, the biggest Judo club in Australia.

### Step 1. Become a member

1. Go to [www.judonsw.com.au](http://www.judonsw.com.au)
2. Click on **NEW** Registration
3. Click on **SELECT CLUB** and scroll down to select **UNSW Judo**
4. Click on **NEXT**
5. Click on **PUBLIC (\$235)** or **UNSW STUDENT (\$155)** or **JUNIOR -16yrs (\$100)**
6. Membership is for **12 months** from the date of registration.
7. Scroll to the bottom of the page and press **NEXT**
8. Read the Disclaimer and then click **ACCEPT**
9. Fill in the information fields and scroll to the bottom of the page and Click **NEXT**
10. Click **SUBMIT APPLICATION AND PAY ONLINE**

<b><u>Step 2.</u></b> Buy a Judo Suit	\$90	- Single Weave White ( <b>FREE after Beginners Course</b> )
	\$110	- Single Weave Blue
	\$145	- Double Weave White (Essimo Wazari Suit)
	\$170	- Double Weave Blue (Essimo Wazari Suit)

People who have completed a beginner's course receive a **\*FREE Judo Suit**

\*After joining the club and signing up for Direct Debit

### Step 3. Attend as many classes as possible but initially your best options are **East's PCYC @ Eastern Suburbs PCYC 26A Bunnerong Rd. Daceyville**

<b>Tuesday</b>	6.30 – 8.00PM	Technical class at	Eastern Suburbs PCYC Dojo
<b>Thursday</b>	6.30 – 8.00PM	Technical class at	Eastern Suburbs PCYC Dojo
<b>Saturday</b>	3.00 – 4.30PM	Technical class at	Eastern Suburbs PCYC Dojo

When you get **fitter**, try these classes below (Orange belt and above) – (**ask the Coach first**)

### @ UNSW Gym, High St. Kensington

<b>Monday</b>	7.00 – 8.30PM	Drills and Randori at UNSW Gym Dojo	3 <sup>rd</sup> Kyu+
<b>Wednesday</b>	7.00 – 8.30PM	Drills and Randori at UNSW Gym Dojo	3 <sup>rd</sup> Kyu+
<b>Friday</b>	7.00 – 8.30PM	Drills and Randori at UNSW Gym Dojo	3 <sup>rd</sup> Kyu+
<b>Sunday</b>	9.00 – 10.00AM	<b>Ne Waza</b> (Groundwork) class at UNSW Gym	4 <sup>th</sup> Kyu+

There's also this class below –

### @ South Sydney PCYC 638 Elizabeth St Redfern

<b>Monday</b>	6.30 – 8.00PM	Technical class and Drills - over 35's	All Grades
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### Step 4. Sign up for Direct Debit fees - Ezi-Debit forms available at Judo classes

Student	\$25 per week (as many classes as you want)
Non Student	\$35 per week (as many classes as you want)

### Step 5. Do a **Grading** - they occur 2-3 times a year depending on your rate of progress.