

## KIDS JUDO

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enrolled each term.

### Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.

### 5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.

### 7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.

### 9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.

### 11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

### Early bird discount \$15

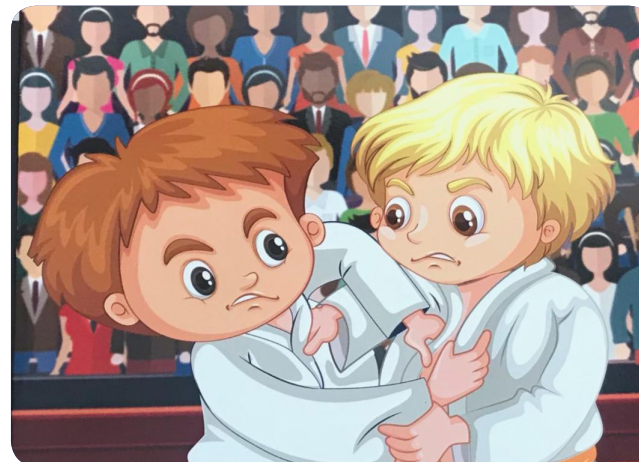
Register and use the Promo Code 2022T1  
before 19.12.2021 (must be completed ONLINE)

### Multiple Graded classes \$35 a week

#### Direct Debit

#### PAYMENTS CAN BE MADE:

Online at: [www.unswjudo.net.au](http://www.unswjudo.net.au)  
Ph: 9385 4725  
Email: [w.rosser@unsw.edu.au](mailto:w.rosser@unsw.edu.au)  
By cheque to: UNSW Judo Club  
Mail to: UNSW Judo Club - H8 Sam Cracknell Pavilion  
University of New South Wales NSW 2052



# JUDO 4 KIDS

## ABOUT THE CLUB

- Largest Club in Australia
- 350+ Members
- 45 children's classes a week
- 7 adult classes a week
- 8 professional coaches
- 8 Olympic representatives

## 3 LOCATIONS

East Sub's PCYC - Daceyville  
Sth Sydney PCYC - Redfern  
UNSW Gym - Kensington

## TERM 1 - 2022



For further information contact  
Warren Rosser on

**Ph: 9385 - 4725**  
[www.unswjudo.net.au](http://www.unswjudo.net.au)



# TERM 1 - 2022



Early bird discount \$15 off (before 19.12.2021) must be completed ONLINE

[www.unswjudo.net.au](http://www.unswjudo.net.au) Ph: 9385 4725

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

31/1/22 - 4/4/22  
(10 weeks)

1/2/22 - 5/4/22  
(10 weeks)

2/2/22 - 6/4/22  
(10 weeks)

3/2/22 - 7/4/22  
(10 weeks)

4/2/22 - 8/4/22  
(10 weeks)

5/2/22 - 9/4/22  
(10 weeks)

South Sydney PCYC  
10.15 - 11.00 AM  
Sth Sydney PCYC  
3 - 4 yrs Mini Kids  
Instructor: Marieta  
Cost: \$210



Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs Mini Kids  
Instructor: Warren  
Cost: \$210



Eastern Suburbs PCYC  
4.30 - 5.30 PM  
5 - 7 yrs Starters  
Instructor: Marieta  
Cost: \$225



South Sydney PCYC  
4.00 - 5.00 PM  
7 - 10 yrs Beginners  
Instructors: Warren, Matt  
Cost: \$225



South Sydney PCYC  
5.15 - 6.15 PM  
7 - 10 yrs Graded  
Instructors: Warren, Matt  
Cost: \$235



UNSW GYM  
5.00 - 6.30 PM  
11 - 14 yrs Graded  
Instructors: Ivica  
Ezi Debit Only  
Cost: \$35/week



Eastern Suburbs PCYC  
7.15 - 8.15 PM  
11 - 14 yrs Beginners  
Instructor: Marieta  
Cost: \$225



Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs Mini Kids  
Instructor: Matt  
Cost \$210



South Sydney PCYC  
4.00 - 5.00 PM  
5 - 7 yrs Starters  
Instructors: Warren, Marieta  
Cost: \$225



South Sydney PCYC  
5.15 - 6.15 PM  
7 - 10 yrs Graded  
Instructor: Warren, Marieta  
Cost: \$235



Eastern Suburbs PCYC  
4.00 - 5.00 PM  
7 - 10 yrs Beginners  
Instructors: Matt, Pearl  
Cost: \$225



Eastern Suburbs PCYC  
5.15 - 6.15 PM  
7 - 10 yrs Graded  
Instructors: Matt, Pearl  
Cost: \$235



Follow below link for online enrolment  
<https://www.revolutionise.com.au/unswjudoclub/eventsregister/121075/>

Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs Mini Kids  
Instructor: Matt  
Cost: \$210



Eastern Suburbs PCYC  
4.00 - 5.00 PM  
5 - 7 yrs Starters  
Instructor: Warren, Matt, Pearl  
Cost: \$225



Eastern Suburbs PCYC  
5.15 - 6.15 PM  
7 - 10 yrs Graded  
Instructor: Warren, Matt, Pearl, Nina  
Cost: \$235



UNSW GYM  
5.30 - 7.00 PM  
10 - 12 yrs Graded  
Instructors: Matt, Pearl  
Cost: \$275



Eastern Suburbs PCYC  
6.30 - 8.00 PM  
10 - 14 yrs Graded  
Instructors: Warren, Nina, Alfredo  
Ezi Debit Only  
Cost: \$35/week



Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs Mini Kids  
Instructor: Matt  
Cost: \$210



Eastern Suburbs PCYC  
4.00 - 5.00 PM  
5 - 7 yrs Starters  
Instructors: Ivica, Matt  
Cost: \$225



Eastern Suburbs PCYC  
5.15 - 6.15 PM  
7 - 10 yrs Beginners  
Instructors: Ivica, Pearl  
Cost: \$225



Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs Mini Kids  
Instructor: Warren, Matt  
Cost: \$210



Eastern Suburbs PCYC  
4.00 - 5.00 PM  
5 - 7 yrs Starters  
Instructor: Warren, Matt, Pearl  
Cost: \$225



Eastern Suburbs PCYC  
5.15 - 6.45 PM  
7 - 10 yrs Graded  
Instructor: Warren, Matt, Pearl  
1,5 hours Cost: \$275



Eastern Suburbs PCYC  
8.15 - 9.00 AM  
3 - 4 yrs Mini Kids  
Instructors: Marieta, Alex, Warren  
Cost: \$210



UNSW GYM  
9.00 - 10.00 AM  
7 - 10 yrs Beginners  
Instructor: Matt  
Cost: \$225



Eastern Suburbs PCYC  
9.15 - 10.00 AM  
3 - 4 yrs Mini Kids  
Instructors: Marieta, Alex, Warren  
Cost: \$210



Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs Mini Kids  
Instructors: Marieta, Alex, Warren  
Cost: \$210



Eastern Suburbs PCYC  
11.15-12.15 pm  
5 - 7 yrs Starters  
Instructors: Marieta, Alex, Matt  
Cost: \$225



Eastern Suburbs PCYC  
12.30 - 1.30 PM  
7 - 10 yrs Graded  
Instructors: Matt, Warren  
Cost: \$235



Eastern Suburbs PCYC  
1.45 - 3.15 PM  
10 - 14 yrs Graded  
Instructors: Warren, Matt, Alfredo  
Ezi Debit Only  
Cost: \$35/week

