

## KIDS JUDO

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enrolled each term.

### Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.

### 5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.

### 7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.

### 9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.

### 11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

### Early bird discount \$15

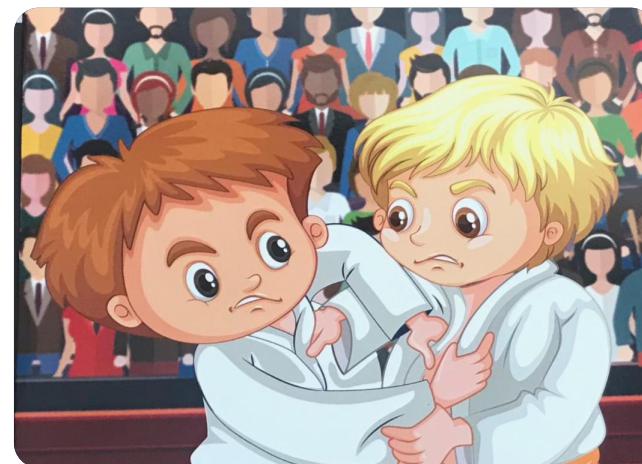
Register and use the Promo Code 2022T4  
before 24.09.2022 (must be completed ONLINE)

### Multiple Graded classes \$35 a week

#### Direct Debit

#### PAYMENTS CAN BE MADE:

Online at: [www.unswjudo.net.au](http://www.unswjudo.net.au)  
Mobile Ph: 0415 625 168  
Email: [rosserw62@gmail.com](mailto:rosserw62@gmail.com)  
By cheque to: UNSW Judo Club  
Mail to: UNSW Judo Club - H8 Sam Cracknell Pavilion  
University of New South Wales NSW 2052



# JUDO 4 KIDS

## ABOUT THE CLUB

- Largest Club in Australia
- 350+ Members
- 45 children's classes a week
- 7 adult classes a week
- 8 professional coaches
- 8 Olympic representatives

## 3 LOCATIONS

East Sub's PCYC - Daceyville  
Sth Sydney PCYC - Redfern  
UNSW Gym - Kensington

## TERM 4 - 2022



For further information contact  
Warren Rosser on

**0415 625 168**

[www.unswjudo.net.au](http://www.unswjudo.net.au)



# TERM 4 - 2022



Early bird discount \$15 off (before 24.09.2022) must be completed ONLINE

[www.unswjudo.net.au](http://www.unswjudo.net.au) 0415 625 168

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

10/10/22 - 12/12/22  
(10 weeks)

11/10/22 - 13/12/22  
(10 weeks)

12/10/22 - 14/12/22  
(10 weeks)

13/10/22 - 15/12/22  
(10 weeks)

14/10/22 - 16/12/22  
(10 weeks)

15/10/22 - 17/12/22  
(10 weeks)

Eastern Suburbs PCYC  
10.15 - 11.00 AM | 3-4 yrs **Mini Kids**  
Instructor: Matt, Warren  
**Cost: \$210**

Eastern Suburbs PCYC  
11.15 - 12.00 PM | 3-4 yrs **Mini Kids**  
Instructor: Matt, Warren  
**Cost: \$210**

Eastern Suburbs PCYC  
4.00 - 5.00 PM | 5-7 yrs **Starters**  
Instructor: Alex  
**Cost: \$225**

Eastern Suburbs PCYC  
5.00 - 6.00 PM | 7-10 yrs **Beginners**  
Instructor: Alex, Marieta  
**Cost: \$225**

Eastern Suburbs PCYC  
6.00 - 7.00 PM | 7-10 yrs **Graded**  
Instructor: Matt, Marieta  
**Cost: \$235**

Eastern Suburbs PCYC  
7.00 - 8.30 PM | 11-12 yrs **Graded**  
Instructor: Matt, Marieta  
**Cost: \$275**

South Sydney PCYC  
4.00 - 5.00 PM | 7-10 yrs **Beginners**  
Instructors: Matt, Warren  
**Cost: \$225**

South Sydney PCYC  
5.00 - 6.30 PM | 7-10 yrs **Graded**  
Instructors: Matt, Warren  
**Cost: \$275**

UNSW GYM  
5.30 - 7.00 PM | 12-14 yrs **Graded**  
Instructors: Ivica  
Ezi Debit Only  
**Cost: \$35/week**

Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs **Mini Kids**  
Instructor: Matt  
**Cost \$210**

South Sydney PCYC  
4.00 - 5.00 PM  
5 - 7 yrs **Starters**  
Instructors: Marieta, Warren  
**Cost: \$225**

South Sydney PCYC  
5.00 - 6.00 PM  
7 - 10 yrs **Graded**  
Instructor: Marieta  
**Cost: \$235**

Eastern Suburbs PCYC  
4.00 - 5.00 PM  
7 - 10 yrs **Beginners**  
Instructors: Matt, Alex  
**Cost: \$225**

Eastern Suburbs PCYC  
5.00 - 6.30 PM  
7 - 10 yrs **Graded**  
Instructors: Matt, Alex  
**Cost: \$275**



Follow below link for online enrolment  
<https://www.revolutionise.com.au/unswjudoclub/events/154817/>

Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs **Mini Kids**  
Instructor: Matt  
**Cost: \$210**

Eastern Suburbs PCYC  
4.00 - 5.00 PM  
5 - 7 yrs **Starters**  
Instructor: Marieta, Matt, Warren  
**Cost: \$225**

Eastern Suburbs PCYC  
5.00 - 6.30 PM  
7 - 10 yrs **Graded**  
Instructor: Marieta, Pearl, Warren  
**Cost: \$275**

UNSW GYM  
4.30 - 5.30 PM  
7 - 10 yrs **Beginners**  
Instructors: Matt, Nina  
**Cost: \$225**

UNSW GYM  
5.30 - 7.00 PM  
11 - 12 yrs **Graded**  
Instructors: Matt, Nina  
**Cost: \$275**

Eastern Suburbs PCYC  
6.30 - 8.00 PM  
12 - 14 yrs **Graded**  
Instructors: Marieta, Pearl, Warren  
Ezi Debit Only  
**Cost: \$35/week**

Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs **Mini Kids**  
Instructor: Warren  
**Cost: \$210**

Eastern Suburbs PCYC  
4.30 - 5.30 PM  
5 - 7 yrs **Starters**  
Instructors: Matt, Warren  
**Cost: \$225**

Eastern Suburbs PCYC  
5.30 - 6.30 PM  
7 - 10 yrs **Beginners**  
Instructors: Matt, Warren  
**Cost: \$225**

South Sydney PCYC  
5.00 - 6.00 PM  
7 - 10 yrs **Beginners**  
Instructor: Marieta  
**Cost: \$225**



Eastern Suburbs PCYC  
10.15 - 11.00 AM  
3 - 4 yrs **Mini Kids**  
Instructor: Warren  
**Cost: \$210**

Eastern Suburbs PCYC  
11.15 - 12.00 PM  
3 - 4 yrs **Mini Kids**  
Instructor: Warren  
**Cost: \$210**

Eastern Suburbs PCYC  
3.30 - 4.30 PM | 5-7 yrs **Starters**  
Instructor: Warren, Matt  
**Cost: \$225**

Eastern Suburbs PCYC  
4.30 - 5.30 PM | 7-10 yrs **Beginners**  
Instructor: Warren, Matt, Pearl  
**Cost: \$225**

Eastern Suburbs PCYC  
5.30 - 7.00 PM | 9-11 yrs **Graded**  
Instructor: Warren, Matt, Pearl  
**Cost: \$275**



UNSW GYM  
9.00 - 10.00 AM | 7-10 yrs **Beginners**  
Instructors: Matt, Pearl  
**Cost: \$225**

Eastern Suburbs PCYC  
8.45 - 9.30 AM | 3-4 yrs **Mini Kids**  
Instructors: Marieta  
**Cost: \$210**

Eastern Suburbs PCYC  
9.30 - 10.30 AM | 5-7 yrs **Starters**  
Instructors: Marieta, Warren, Pearl  
**Cost: \$225**

Eastern Suburbs PCYC  
10.30 - 11.30 pm | 5-7 yrs **Starters**  
Instructors: Marieta, Warren, Matt  
Pearl  
**Cost: \$225**

Eastern Suburbs PCYC  
11.30 - 12.30 PM | 7-10 yrs **Beginners**  
Instructors: Marieta, Warren, Matt  
**Cost: \$225**

Eastern Suburbs PCYC  
12.30 - 1.30 PM | 7-10 yrs **Graded**  
Instructors: Marieta, Warren, Matt  
**Cost: \$235**

Eastern Suburbs PCYC  
1.30 - 3.00 PM | 12-14 yrs **Graded**  
Instructors: Warren, Matt, John  
Ezi Debit Only  
**Cost: \$35/week**

