

# Term 2 - 2024

0415 625 168  
www.unswjudo.net.au



**PCYC**  
EASTERN SUBURBS

10.30 am, **3-4 Years**  
11.15 am **MINI KIDS**  
cost: \$207 ☐

4.00 pm, **5-7 Years**  
5.00 pm **STARTERS**  
cost: \$225 ☐

5.00 pm, **7-10 Years**  
6.00 pm **BEGINNERS**  
cost: \$225 ☐

6.00 pm, **10-12 Years**  
7.30 pm **GRADED**  
**Orange Green BT+**  
cost: \$255 ☐



5.30 pm, **12-14 Years**  
7.00 pm **GRADED**  
**Orange Green BT+**  
cost: \$35/week ☐  
Ezi Debit Only



**PCYC**  
EASTERN SUBURBS

4.00 pm, **7-9 Years**  
5.00 pm **GRADED**  
**Yellow-Yel Orange BT**  
cost: \$250 ☐

5.00 pm, **9-11 Years**  
6.30 pm **GRADED**  
**Orange BT+**  
cost: \$285 ☐



**PCYC**  
EASTERN SUBURBS

10.30 am, **3-4 Years**  
11.15 am **MINI KIDS**  
cost: \$230 ☐

4.00 pm, **5-7 Years**  
5.00 pm **STARTERS**  
cost: \$250 ☐

5.00 pm, **9-11 Years**  
6.30 pm **GRADED**  
**Orange BT+**  
cost: \$280 ☐



4.30 pm, **7-10 Years**  
5.30 pm **BEGINNERS**  
cost: \$250 ☐

5.30 pm, **10-12 Years**  
7.00 pm **GRADED**  
**Orange Green BT+**  
cost: \$285 ☐

**PCYC**  
EASTERN SUBURBS

6.30 pm, **12-14 Years**  
8.00 pm **GRADED**  
**Orange Green BT+**  
cost: \$35/week ☐  
Ezi Debit Only



**PCYC**  
EASTERN SUBURBS

3.45 pm, **3-4 Years**  
4.30 pm **MINI KIDS**  
cost: \$230 ☐

4.30 pm, **5-7 Years**  
5.30 pm **STARTERS**  
cost: \$250 ☐

5.30 pm, **7-9 Years**  
6.30 pm **GRADED**  
**Yellow-Yel Orange BT**  
cost: \$260 ☐



**PCYC**  
EASTERN SUBURBS

10.30 am, **3-4 Years**  
11.15 am **MINI KIDS**  
cost: \$230 ☐

3.30 pm, **5-7 Years**  
4.30 pm **STARTERS**  
cost: \$250 ☐

4.30 pm, **7-10 Years**  
5.30 pm **BEGINNERS**  
cost: \$250 ☐

5.30 pm, **9-11 Years**  
7.00 pm **GRADED**  
**Orange BT+**  
cost: \$285 ☐



9.00 am, **7-13 Years**  
10.00 am **BEGINNERS**  
cost: \$250 ☐

**PCYC**  
EASTERN SUBURBS

8.45 am, **3-4 Years**  
9.30 am **MINI KIDS**  
cost: \$230 ☐

9.30 am, **5-7 Years**  
10.30 am **STARTERS**  
cost: \$250 ☐

10.30 am, **5-7 Years**  
11.30 am **STARTERS**  
cost: \$250 ☐

11.30 am, **7-9 Years**  
12.30 pm **GRADED**  
**Yellow-Yel Orange BT**  
Dance Room cost: \$260 ☐

11.30 am, **7-9 Years**  
12.30 pm **GRADED**  
**Orange+**  
Judo Room cost: \$260 ☐

12.30 pm, **12-14 Years**  
2.00 pm **GRADED**  
**Orange Green BT+**  
cost: \$35/week ☐  
Ezi Debit Only

Follow below link for online enrolment  
<https://www.revolutionise.com.au/unswjudoclub/events/232423/>

Early bird discount \$15 off (before 14.04.2024) must be completed ONLINE

## KIDS JUDO

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enrolled each term.

### Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.

### 5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.

### 7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.

### 9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.

### 11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.



# JUDO 4 KIDS



## Term 2 - 2024

### PAYMENTS CAN BE MADE:

Online at: [www.unswjudo.net.au](http://www.unswjudo.net.au)  
Mobile Ph: 0415 625 168  
Email: [rosserw62@gmail.com](mailto:rosserw62@gmail.com)  
Mail to: UNSW Judo Club - H8 Sam Cracknell Pavilion  
University of New South Wales NSW 2052

Multiple Graded classes \$35 a week Direct Debit

### 3 LOCATIONS

East Sub's PCYC - Daceyville  
Sth Sydney PCYC - Redfern  
UNSW Gym - Kensington

### ABOUT THE CLUB

Largest Club in Australia  
350+ Members  
45 Children's classes a week  
7 adult classes a week  
8 professional coaches  
8 Olympic representatives

For further information contact **Warren Rosser** on

**0415 625 168**  
[www.unswjudo.net.au](http://www.unswjudo.net.au)

