

**Monday**  
22/7/24 - 23/9/24  
10 weeks

**PCYC**  
EASTERN SUBURBS

10.30 am, 3-4 Years  
11.15 am, MINI KIDS  
cost: \$230

4.00 pm, 5-7 Years  
5.00 pm, STARTERS  
cost: \$250

5.00 pm, 7-10 Years  
6.00 pm, BEGINNERS  
cost: \$250

6.00 pm, 10-12 Years  
7.30 pm, GRADED  
Orange Green+  
cost: \$285

**UNSW**

5.30 pm, 12-14 Years  
7.00 pm, GRADED  
Orange Green BT+  
cost: \$35/week  
Ezi Debit Only

**Tuesday**  
23/7/24 - 24/9/24  
10 weeks

**PCYC**  
EASTERN SUBURBS

4.00 pm, 7-10 Years  
5.00 pm, BEGINNERS  
cost: \$250

5.00 pm, 9-11 Years  
6.30 pm, GRADED  
Orange BT+  
cost: \$285

**Wednesday**  
24/7/24 - 25/9/24  
10 weeks

**PCYC**  
EASTERN SUBURBS

10.30 am, 3-4 Years  
11.15 am, MINI KIDS  
cost: \$230

4.00 pm, 5-7 Years  
5.00 pm, STARTERS  
cost: \$250

5.00 pm, 9-11 Years  
6.30 pm, GRADED  
Orange BT+  
cost: \$285

**UNSW**

5.30 pm, 10-12 Years  
7.00 pm, GRADED  
Orange Green+  
cost: \$285

**PCYC**  
EASTERN SUBURBS

6.30 pm, 12-14 Years  
8.00 pm, GRADED  
Orange Green BT+  
cost: \$35/week  
Ezi Debit Only

**Term 3 - 2024**  
0415 625 168  
www.unswjudo.net.au

**Thursday**  
25/7/24 - 26/9/24  
10 weeks

**PCYC**  
EASTERN SUBURBS

3.45 pm, 3-4 Years  
4.30 pm, MINI KIDS  
cost: \$230

4.30 pm, 5-7 Years  
5.30 pm, STARTERS  
cost: \$250

5.30 pm, 7-9 Years  
6.30 pm, GRADED  
Yellow-Yel Orange BT  
cost: \$260

**Friday**  
26/7/24 - 27/9/24  
10 weeks

**PCYC**  
EASTERN SUBURBS

10.30 am, 3-4 Years  
11.15 am, MINI KIDS  
cost: \$230

3.30 pm, 5-7 Years  
4.30 pm, STARTERS  
cost: \$250

4.30 pm, 7-10 Years  
5.30 pm, BEGINNERS  
cost: \$250

5.30 pm, 9-11 Years  
7.00 pm, GRADED  
Yellow Orange BT+  
Dance Room cost: \$285

5.30 pm, 9-11 Years  
7.00 pm, GRADED  
Orange BT+  
Judo Room cost: \$285

**Saturday**  
27/7/24 - 28/9/24  
10 weeks

**UNSW**

9.00 am, 13-15 Years  
10.00 am, TEENAGE  
BEGINNERS  
cost: \$250

**PCYC**  
EASTERN SUBURBS

8.45 am, 3-4 Years  
9.30 am, MINI KIDS  
Judo Room cost: \$230

9.30 am, 5-7 Years  
10.30 am, STARTERS  
6yrs+  
Dance Room cost: \$250

9.30 am, 5-7 Years  
10.30 am, STARTERS  
5yrs+  
Judo Room cost: \$250

10.30 pm, 7-10 Years  
11.30 pm, BEGINNERS  
Dance Room cost: \$250

11.30 am, 7-9 Years  
12.30 pm, GRADED  
Yellow-Yel Orange BT  
Judo Room cost: \$260

11.30 am, 7-9 Years  
12.30 pm, GRADED  
Orange+  
Dance Room cost: \$260

12.30 pm, 12-14 Years  
2.00 pm, GRADED  
Orange Green BT+  
cost: \$35/week  
Ezi Debit Only

Follow below link for online enrolment  
<https://www.revolutionise.com.au/unswjudoclub/events/242589/>

Early bird discount \$15 off (before 07.07.2024) must be completed ONLINE

## KIDS JUDO

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enrolled each term.



### Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.



### 5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.



### 7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.



### 9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.



### 11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

## Early bird discount \$15

Register and use the Promo Code 2024T3 before 07.07.2024 (must be completed ONLINE)

### PAYMENTS CAN BE MADE:

Online at: [www.unswjudo.net.au](http://www.unswjudo.net.au)  
Mobile Ph: 0415 625 168  
Email: [rosserw62@gmail.com](mailto:rosserw62@gmail.com)  
Mail to: UNSW Judo Club - H8 Sam Craddock Pavilion  
University of New South Wales NSW 2052

**Multiple Graded classes \$35 a week Direct Debit**



# JUDO 4 KIDS



## TERM 3 - 2024

### 3 LOCATIONS

East Sub's PCYC - Daceyville  
5th Sydney PCYC - Redfern  
UNSW Gym - Kensington

### ABOUT THE CLUB

Largest Club in Australia  
350+ Members  
45 Children's classes a week  
7 adult classes a week  
8 professional coaches  
8 Olympic representatives

For further information contact **Warren Rosser** on

## 0415 625 168

[www.unswjudo.net.au](http://www.unswjudo.net.au)

