KIDS JUDO

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enroled each term.



These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.

5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.



- 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.



9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.



11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

Register and use the Promo Code 2024T4 before 29.09.2024 (must be completed ONLINE)

Early bird discount \$15









TERM 4 - 2024

PAYMENTS CAN BE MADE:

Online at: www.unswjudo.net.au

Mobile Ph: 0415 625 168

Email: rosserw62@gmall.com

Mail to: UNSW Judo Club - H8 Sam Cracknell Payllon University of New South Wales NSW 2052

3 LOCATIONS

East Sub's PCYC - Daceyville 5th Sydney PCYC - Redfem UNSW Gym - Kensington

www.unswjudo.net.au

ABOUT Largest Club in Australia THE CLUB 350+ Members 45 Children's classes a week 7 adult classes a week 8 professional coaches 8 Olympic representatives

For further information contact Warren Rosser on







10.30 am 3-4 Years 11.15 am MINI KIDS

oost: \$230

4.00 pm 5-7 Years 5.00 pm STARTERS

oost: \$250

5.00 pm 7-10 Years 6.00 pm BEGINNERS

oost: \$250

6.00 pm 10-12 Years 7.30 pm GRADED Orange Green+

oost: \$285



7.00 pm 12-14 Years 7.00 pm GRADED Orange Green 87+

oost: \$35/week Debit Only





4.00 pm 7-10 Years 5.00 pm BEGINNERS oost: \$250

5.00 pm 9-11 Years 6.30 pm GRADED Orange 87+

oost: \$285





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4.00 pm 5-7 Years 5.00 pm STARTERS

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5.00 pm 9-11 Years 6.30 pm GRADED Orange 87+

oost: \$285



7.00 pm GRADED Orange Green+

oost: \$285



6.30 pm 12-14 Years 8.00 pm GRADED Orange Green 87+ oost: \$35/week Debit Only

Term 4 - 2024 0415 625 168 www.unswjudo.net.au





3.45 pm 3-4 Years 4.30 pm MINI KIDS

oost: \$230 -

4.30 pm 5-7 Years 5.30 pm STARTERS

oost: \$250

5.30 pm 7-9 Years 6.30 pm GRADED Yellow-Yel Orange 87

oost: \$260





10.30 am 3-4 Years 11.15 am MINI KIDS

oost: \$230

3.30 pm 5-7 Years 4.30 pm STARTERS

oost: \$250

4.30 pm 7-10 Years 5.30 pm BEGINNERS

oost: \$250

7.00 pm 9-11 Years 7.00 pm GRADED Yellow Orange 87+

Dance Room post: \$285

Dance Room Gost: \$203

5.30 pm 9-11 Years 7.00 pm GRADED Orange 87+

Judo Room oost: \$285



9.00 am 13-15 Years 10.00 am TEENAGE BEGINNERS

oost: \$250



8.45 am 3-4 Years 9.30 am MINI KIDS

Judo Room Gast: \$230

9.30 am 5-7 Years 10.30 am STARTERS 6yrs+

Dance Room past: \$250

9.30 am 5-7 Years 10.30 am STARTERS 5yrs+

Judo Room oost: \$250

10.30 pm 7-10 Years 11.30 pm BEGINNERS

Judo Room cost: \$250

11.30 am 7-9 Years 12.30 pm GRADED Yellow-Yel Orange 8T

Judo Room oost: \$260

11.30 am 7-9 Years 12.30 pm GRADED Orange 870

Dance Room oost: \$260

12.30 pm 12-14 Years 2.00 pm GRADED Orange Green 8T+

oost: \$35/week
Ezi Debit Only

Follow below link for online enrolment https://www.revolutionise.com.au/unswjudoclub/events/255524 Early bird discount \$15 off (before 29.09.2024) must be completed ONLINE