

Monday

03/02/25 - 07/04/25

10 weeks

PCYC
EASTERN SUBURBS

10.30 am) **3-4 Years**
11.15 am) **MINI KIDS**
cost: \$235

4.00 pm) **5-7 Years**
5.00 pm) **STARTERS**
cost: \$255

5.00 pm) **7-10 Years**
6.00 pm) **BEGINNERS**
cost: \$255

6.00 pm) **10-12 Years**
7.00 pm) **GRADED**
Orange Green+
cost: \$265

UNSW

5.30 pm) **12-14 Years**
7.00 pm) **GRADED**
Orange Green BT+
cost: \$35/week
Ezi Debit Only

Wednesday

05/02/25 - 09/04/25

10 weeks

PCYC

EASTERN SUBURBS

10.30 am) **3-4 Years**
11.15 am) **MINI KIDS**
cost: \$235

4.00 pm) **5-7 Years**
5.00 pm) **STARTERS**
cost: \$255

5.00 pm) **9-11 Years**
6.00 pm) **GRADED**
Orange BT+
cost: \$265

UNSW

5.30 pm) **10-12 Years**
7.00 pm) **GRADED**
Orange Green+
cost: \$285

PCYC

EASTERN SUBURBS

6.00 pm) **12-14 Years**
7.30 pm) **GRADED**
Green BT+

cost: \$35/week
Ezi Debit Only

Term 1 - 2025

0415 625 168

www.unswjudo.net.au

Saturday

08/02/25 - 12/04/25

10 weeks

PCYC

EASTERN SUBURBS

8.45 am) **3-4 Years**
9.30 am) **MINI KIDS**
Judo Room cost: \$235

9.30 am) **5-7 Years**
10.30 am) **STARTERS**
6yrs+
Dance Room cost: \$255

9.30 am) **5-7 Years**
10.30 am) **STARTERS**
5yrs+
Judo Room cost: \$255

10.30 pm) **7-10 Years**
11.30 pm) **BEGINNERS**
Judo Room cost: \$255

11.30 am) **7-9 Years**
12.30 pm) **GRADED**
Yellow-Yel Orange BT
Judo Room cost: \$265

11.30 am) **7-9 Years**
12.30 pm) **GRADED**
Orange BT+
Dance Room cost: \$265

12.30 pm) **12-14 Years**
2.00 pm) **GRADED**
Orange Green BT+
cost: \$35/week
Ezi Debit Only

Thursday

06/02/25 - 10/04/25

10 weeks

PCYC

EASTERN SUBURBS

3.45 pm) **3-4 Years**
4.30 pm) **MINI KIDS**
cost: \$235

4.30 pm) **5-7 Years**
5.30 pm) **STARTERS**
cost: \$255

5.30 pm) **7-9 Years**
6.30 pm) **GRADED**
Yellow BT - Orange BT
cost: \$265

Friday

07/02/25 - 11/04/25

10 weeks

PCYC

EASTERN SUBURBS

10.30 am) **3-4 Years**
11.15 am) **MINI KIDS**
cost: \$235

3.30 pm) **5-7 Years**
4.30 pm) **STARTERS**
cost: \$255

4.30 pm) **7-10 Years**
5.30 pm) **BEGINNERS**
cost: \$255

5.30 pm) **7-9 Years**
7.00 pm) **GRADED**
Yellow - Orange BT
Judo Room cost: \$285

5.30 pm) **9-11 Years**
7.00 pm) **GRADED**
Orange BT+
Dance Room cost: \$285

Follow below link for online enrolment

<https://www.revolutionise.com.au/unswjudoclub/events/268532>

Early bird discount \$15 off (before 22.12.2024) must be completed ONLINE

KIDS JUDO

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enrolled each term.



Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.



5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.



7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.



9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.



11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

Early bird discount \$15

Register and use the Promo Code 2025T1 before 22.12.2024 (must be completed ONLINE)

PAYMENTS CAN BE MADE:

Online at: www.unswjudo.net.au
Mobile Ph: 0415 625 168
Email: rosserw62@gmail.com
Mail to: UNSW Judo Club - H8 Sam Cracknell Pavilion
University of New South Wales NSW 2052

Multiple Graded classes \$35 a week Direct Debit



JUDO 4 KIDS



TERM 1 - 2025

3 LOCATIONS

East Sub's PCYC - Daceyville
Sth Sydney PCYC - Redfern
UNSW Gym - Kensington

ABOUT THE CLUB

Largest Club in Australia
350+ Members
45 Children's classes a week
7 adult classes a week
8 professional coaches
8 Olympic representatives

For further information contact **Warren Rosser** on

0415 625 168

www.unswjudo.net.au

